

# UNITED NOTIONS



## The Universal Religion

A spiritual guide for living a better, happier and more satisfying life

Nanac Shetty Kinnigoly

# UNITED NOTIONS

United Notions for Individual Theosophical Enlightenment – The UNITE



A spiritual guide for living a better, happier and more satisfying life

NANAC SHETTY KINNIGOLY

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# *Unite*

## **Universal Religion**

### **United Notions for Individual Theosophical Enlightenment**

The present human crisis has been alarming and continues to be so. It demands concern and active response on the part of people with goodwill and good basic spirituality, devoid of religious denominations.

These present human problems are the result of a serious imbalance between human internal spirituality and external materialistic explorations.

Emphasis on materialism is stressed beyond the limits of human control. There is also an imbalance between basic innate human nature and modern enforced religious nature, and an imbalance in the lack of necessary science and luxury scientific developments. This unbalanced and multivalent existence is a constant threat to human peace.

Freedom proliferates in a negative direction at the cost of modesty and respect. Family life is losing respect for feelings, sentiments and relationships. It is a world of plenitude and scarcity, of obscene lavishness, in contrast with miserable poverty.

This is a misguided society of human and environmental exploitation. There are many temptations in life to divert

the attention of the younger generation and turn their interests away from the right course of Human Life. They are misguided and becoming more indifferent, destructive and disgraceful.

All the surrounding circumstances are unfavourable as far as basic spirituality is concerned. While the ultimate human need is not fulfilled, trust in God is misunderstood, and the basic truth has been distorted and misrepresented in various religious sects.

Although these religions follow some of the best basic principles, none of them are free of doctrines, rites and superstitions. Religions have been unsuccessful in achieving global peace.

Every religion is engaged in propaganda, and proving their religion is the ultimate at the cost of another religion and bloodshed. Such suppression of freedom and rash conclusions is contrary to the truth and basic human nature. Religions have become more destructive than wars.

Will religions show any more wisdom about converting human attitudes than their hosts? Or, will the competition for minds and resources become so intense that the world is destroyed?

Humankind might become wise enough to discover more caring concepts before it is too late. We are constantly progressing in science to improve our lives. Why should not we conduct a research on friendly and helpful spiritual concepts?

The ultimate solution to the human dilemma is to understand basic human spirituality and evoke saviours within the self of every human being, that is, enlightenment, the perfect awareness.

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An effort is underway by the UNITE towards global peace through *Spiritual Awakening* through non-violence, awareness, truthfulness, acceptance, nirvana and inspiration.

The UNITE aims to enlighten and evoke saviours in every human being. With UNITE, you will not only explore a good life but also more importantly, how to obtain and sustain it. Throughout history, there have been many notions of how we can achieve the two prime goals of human existence: *Happiness* and *Inner Peace*.

We have the freedom to change our state by means of the highest potentialities, knowledge, creativity and invention. We are intelligent and compassionate in recognising both our limitations and the opportunities for achieving a good life for ourselves and our fellow human beings.

We need to shed the illusions of the past by the use of science, reason and wisdom that we need in every age to summon the courage to enter into the world boldly and to create new institutions and civilisations. We encourage people to shed their default religious denominations and aim at bringing peace by spreading compassion, human values, and evoking saviours in every human being, that is, enlightenment. This combines both compassion and reason to realise ethical wisdom. It focuses on the principles of personal integrity, namely individual freedom and responsibility. This includes commitment to social justice and ethics, and developing shared values for the human family. In a rapidly changing global community, there are conflicting religious, ideological and nationalist value systems. We need to discover values and principles that can be shared by all the sectors of humankind. These must transcend ancient dogmas and ideologies of the past.

We submit these principles as a basis for finding some common ground in the emerging civilisation. We offer these recommendations in the hope that they will inspire individuals to find the meaning and integrity in their lives. We aim to be inclusive of all, regardless of gender, ethnicity or background, to work together to achieve a better life for themselves and all of humankind.

We should always bear in mind that humans are not gods, and no one is perfect. Yet, with a dedicated purpose and a willingness to change, we can draw upon the discoveries of the past and resolve to build a better world in the future.

As human beings, our future clearly depends on knowledge, the choices we make, our failures and successes, the plans we forge and our willingness and the mindset to change. However, it also depends on whether we have cultivated the capacity for goodwill and a positive outlook. We can create a better life; for ourselves, for those we love and admire, for our neighbours and for the diverse communities in which we live. This is the faith of a reconstructed secularist and humanist, who still believes in our capacity to live a significant and meaningful life that we can share with others. This may at times be difficult, but it is one that can be meaningful and one that can be rewarding. When our individual and collective lives are in harmony with nature, peace is not only achievable; it is inevitable. Our true identity is universal; basically, we are not defined by isms but rather by our essential characteristics of humanity.

Global challenges require coordinated responses based on shared principles, needs and aspirations. Only people with universally accepted norms can survive and save the human race from this catabolism. Humankind is born in



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a natural state of purity and is free of any sins. What becomes a human after birth is the result of external influences. Human imperfections are avoidable, but not inevitable. Organising these instincts makes humans superior to animals. Relative perfection can be achieved by following natural principles through a guide (Guru/preacher), supported by logical reasoning and freedom of choice. The UNITE aims to enlighten and evoke saviour in every human being. The UNITE demands sound convictions and opposes blind imitation. Faith and belief in Supreme Being is perfect only when the human race trusts and realises the presence of part of the universal soul within the self and in the whole creation.

## **24 United Notions for Individual Theosophical Enlightenment**

### **Educate, Empower, Enlighten**

1. Divinity manifests
2. Impeccable faith
3. Optimistic leadership
4. Heaven on Earth
5. Awareness is power
6. Elegant etiquette
7. Ethical standards
8. Mindfulness meditation
9. Enduring exercise
10. Graceful livelihood
11. Entrepreneurship
12. United family
13. Wholesome food
14. Celebrate to rejoice
15. Hall of heaven
16. Liberal charity
17. Nature is future
18. Nationalism
19. Transformation
20. Social responsibility
21. Oneness of humanity
22. Persistent peacemaker
23. Enchanting enlightenment
24. Impactful pledge

## **1. Divinity manifests**

To understand GOD, it is essential to understand its creation. Creation is an evolution. We cannot comprehend the nature of the 'Creation', which transcends human intelligence. God is the most pacifying presence, which cannot be defined in numbers or genders. Believing God's existence is more beneficial than denial. All people and all things are of one essence without linguistic, gender or racial barriers. Faith and belief in a Supreme Being are perfect if and only when the human race trusts and realises the presence of divinity within the self and in the whole creation.

In the pursuit of comprehending God, it is crucial to delve into the concept of creation itself. Creation is a process of continual evolution beyond the grasp of human intelligence. The nature of this creation' transcends our limited understanding, making it a subject that eludes precise definition or quantification. However, one thing remains certain: God represents the epitome of serenity and cannot be confined to numbers or genders.

Believing the existence of God yields greater benefits than denying it altogether. The recognition of divine presence offers solace, hope and a sense of purpose in life. Through faith, individuals can tap into a source of strength, finding comfort and guidance in times of hardship. Through this belief in a Supreme Being, we discover a deeper connection to the world around us, transcending linguistic, gender and racial barriers.

All people and things share a fundamental essence, a unifying thread that binds us together as a collective whole. Our individual identities, language barriers, gender roles and racial differences become inconsequential when we recognise this underlying unity. Embracing this truth fosters a sense of inclusivity, compassion and harmony in humanity.

True faith and belief in a Supreme Being can only be realised when the human race collectively acknowledges and embraces divinity within ourselves and within the entire creation. It is through this recognition that we come to understand our interconnectedness, realising that we are a small part of a vast, intricate tapestry. By nurturing this awareness of divinity, we cultivate a profound reverence for all forms of life and develop genuine respect for the world we inhabit.

To truly comprehend God, one must embrace the concept of the evolution of creation. Creation is not a static event but an ongoing process that continuously unfolds and transforms. By embracing the dynamic nature of creation, we open ourselves to a deeper understanding of the divine. We recognise that just as creation evolves, so too does our perception of and relationship with God. This acknowledgement frees us from rigid dogmas and encourages us to approach the divine with an open mind, ready to explore and grow in our understanding.

In conclusion, the journey to understand God necessitates an exploration of creation and its ever-evolving nature. The concept of creation surpasses the boundaries of human intellect, defying precise definition or quantification. God, as the embodiment of tranquillity, cannot be confined to numbers or genders. Belief in the existence of a Supreme Being brings immense benefits, offering solace, hope and

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purpose to life. When we realise that all individuals and things share a common essence, we transcend linguistic, gender and racial barriers. True faith and belief are realised when we acknowledge the divinity within ourselves and within all creations. By embracing the evolution of creation, we deepen our understanding of the divine and foster profound reverence in all forms of life.

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